

# Microbiological Surveillance of Sexually Transmitted Syndromes in South Africa (2004 -2014)

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# The Components of the National Comprehensive Surveillance System

•The National Indicators Data Set (NIDS) which contain 5 data elements on STIs and are collected from all primary health care (PHC) facilities and level-one hospitals in the country.

•The National Clinical Sentinel Surveillance (NCSS) programme under which detailed data are collected from a selected number of PHCs in the country

•The National Microbiological Surveillance (NMS) programme, which is composed of periodic surveys of syndrome aetiology and drug resistance monitoring.

### Clinical Sentinel Surveillance

Distribution of syndromes Sex and age distribution STI in pregnant women Referrals of treatment failures Drug/condom stock outs

### Aicrobiological Sentiner Surveillance

#### Aetiology of syndromes

#### Drug Resistance Monitoring

## Key Players for the Programmes

- National Department of Health
- Provincial Department of Health
- CHIV & STIs (co-ordination)
- Collaborating Universities
- National Health Laboratory Service



## **Clinical Spectrum of STIs**

Typical symptoms

Atypical symptoms

The "genitally unaware"

#### ASYMPTOMATIC PATIENTS



# **Presentations of Sexually Transmitted Infections**

• Urethral discharge (Men)



Vaginal Discharge

• Genital Ulcer Disease

Genital Warts



### The Syndromic Management

- A syndrome is a collection of consistent groups of symptoms and easily recognised signs.
- The syndromic management approach for STIs provides treatment that will deal with the majority of, or the most serious, organisms for producing a syndrome.
- STI syndromic management is advocated by the WHO as the most cost-effective means of treating STIs in resource-poor settings.

### The Case Management package

History taking (including recent sexual history)

Clinical examination (speculum for females)

Making one or more correct syndrome diagnoses

Early and effective treatment - flowcharts

Advice on sexual behaviour

Promotion/provision of condoms

Partner notification and treatment

Case reporting

Clinical follow-up as appropriate



#### Patient Issues

Protocol approved by South African Department of Health

Ethics approval from the HREC (Medical) at the University of the Witwatersrand & Provincial Ethics' Committees

Informed written consent

Anonymous testing

Patients managed syndromically

3-4 months' collection period (now STI Aetiology Survey + Germs – SA)

# **Goals and Objectives of Survey**

As part of national microbiology surveillance of sexually transmitted infections (STIs), which was launched in 2004, laboratory based STI surveillance was undertaken in 9 provinces of SA

#### The objectives of the survey were to determine:

- The aetiologies of three main syndromes (GUD, VDS and MUS)
- The sero-prevalence of syphilis, HSV-2 and HIV
- The antimicrobial susceptibility profile of cultured gonococci



## STI aetiological surveillance



Prevalence of STI pathogens in MUS patients by province



• Measure the relative prevalence of STI pathogens and conditions for the three most important STI syndromes

Male urethral/vaginal discharge STI pathogens:

N. gonorrhoeae C. trachomatis T. vaginalis M. genitalium

- Vaginal discharge non-STI conditions: bacterial vaginosis candidiasis
- Genital ulceration STI pathogens:Herpes simplex virusT. pallidumH. ducreyiC. trachomatis L1-L3K. granulomatisK. granulomatis
- Measure co-infection sero-prevalence (syphilis, HSV-2, HIV-1) in STI patients

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Prevalence of HIV-1 co-infection by STI syndrome and province

#### **Patient Specimens**

#### Serum from all patients

HIV, RPR, HSV-2 antibodies

#### Swabs from genital ulcers

ulcer smear for granuloma inguinale ulcer swab for NAATs

#### Male urethritis syndrome

endourethral culture for gonococci endourethral swab/urine for NAATs

#### Vaginal discharges

high vaginal swab for slide endocervical swab for NAATs

## Aetiology of MUS by Diagnosis (2006-2007 Surveys)



# Aetiology of VDS by Diagnosis (2006-2007 Surveys)



# Aetiology of GUD by Diagnosis (2006-2007 Surveys)



# Sero-prevalence of RPR (≥ 1:4) by Syndrome (2006-2007 Surveys)



# Sero-prevalence of HSV-2 by Syndrome (2006-2007 Surveys)



# Sero-prevalence of HIV by Syndrome (2006-2007 Surveys)



# Aetiology for MUS, VDS and GUS in Free State Province 2008

	NG %	СТ %	TV %	Mg %	TP %	HSV %	HD %	LGV %	GI %
MUS	75.3	8.0	2.7	1.3	-	-	-	-	-
VDS	16.1	11.4	25.5	3.4	-	-	-	-	-
GUS	-	-	-	-	19.0	34.9	1.6	3.2	0

# HIV, HSV-2 and RPR Sero-Prevalence for MUS, VDS and GUS in Free State province 2008

	HIV %	HSV-2 %	RPR %	RPR>4 %
MUS	38.6	55.0	7.1	6.5
VDS	53.4	71.9	3.7	3.0
GUS	53.4	62.1	13.8	10.5

## Aetiology of MUS by M-PCR



## **Aetiology of VDS by M-PCR**



## Aetiology of GUS by M-PCR (2010-11)



# Sero-prevalence of RPR (≥1:4) by Syndrome (2010-11)



# Syphilis Trends among Genital Ulcer Patients Alexandra Health Centre, Gauteng (2007-12)



Source: Centre for HIV and STIs, NICD/NHLS

## Sero-prevalence of HSV-2 by Syndrome (2010-2011)



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## Sero-prevalence of HIV by Syndrome (2010-11)



# Actiology of MUS and VDS determined by M-PCR in KZN 2014



# Actiology of GUS determined by M-PCR in KZN 2014



# HIV and HSV-2 Sero-prevalence for patients with MUS, VDS and GUS patients in 2014



# RPR serology in MUS, VDS and GUS patients in 2014.



# Requirements for STI/HPV surveillance

STI microbiological surveillance requires:

- Aetiological surveillance to validate STI syndrome management algorithms
- Antimicrobial resistance studies (N.gonorrhoeae)

STI aetiological and gonococcal resistance studies are required in different key populations to inform NDoH on appropriateness of STI treatment algorithm

- STI clinic patients at primary healthcare facilities
- Asymptomatic family planning clinic patients at primary healthcare facilities
- Core groups (MSM, sex workers, truck drivers etc)

HPV surveillance is key to informing NDoH on pre-/post-HPV vaccine prevalence of high risk HPV types i.e HPV vaccine impact

HPV surveillance should be undertaken at 2 levels:

- In young 18-25 year old women family planning clinic patients (proxy for community)
- In women attending colposcopy clinics at tertiary hospitals with HSIL/CA lesions

# Human papillomavirus surveillance







- National surveillance pre-introduction of an HPV vaccine is essential for monitoring vaccine effectiveness
- HPV surveillance to be established in 2013 with GDD funds among family planning clinic attendees (10 sites/province)
- HPV surveillance to be established in 3 sites among women with high grade cytological lesions undergoing colposcopy

- Human Papillomavirus Laboratory Network for the Africa region (HPV LabNet)
  - aims to improve the quality of laboratory services for effective surveillance and monitoring of HPV vaccination impact through enhanced laboratory support

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## **HPV PREVALENCE IN WOMEN AND MEN**



 Genital HPV prevalence was higher in HIV-positive compared to HIV-negative women and men (P<0.0001 for both).

HIV-positive women and men have higher prevalence of multiple HPV-type infection

 HIV-negative men had higher prevalence of HPV-type infection and multiple infection compared to HIV-negative women.

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HPV prevalence includes high-risk and / or low-risk HPV types. Red line in bars indicate prevalence of multiple HPV infection

# Surveillance Outcomes

